

Picnic or Conservatory Set Tablecloth and 4 Napkins

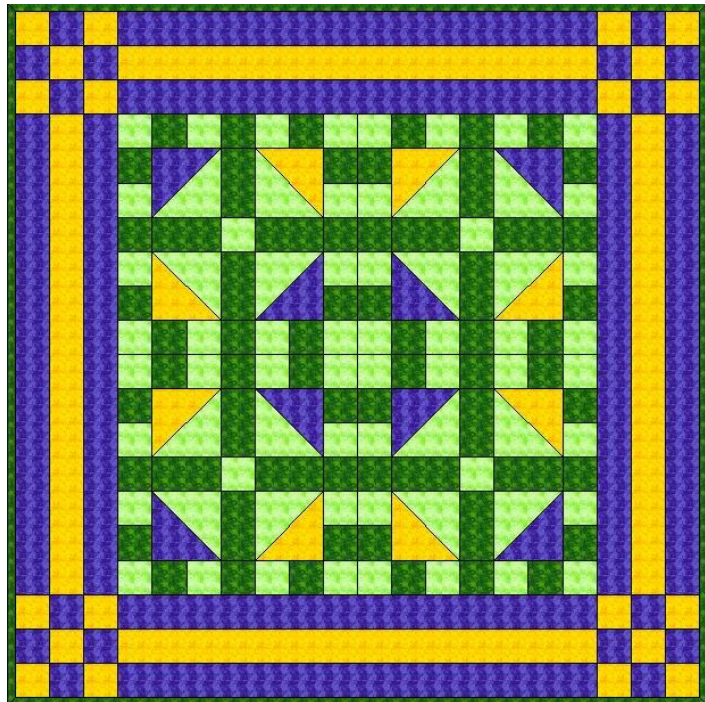
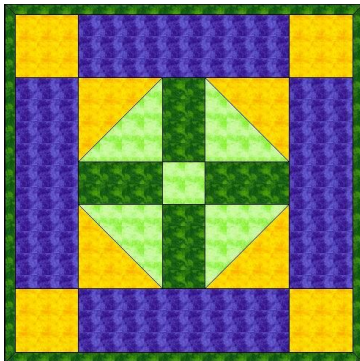
Fabric Requirements

- 1.25m of fabric A (Dark Green in picture)
- 1.25m of fabric B (Royal Blue in picture)
- 1m of fabric C (Yellow in picture)
- 0.75m of fabric D (Lime Green in picture)
- 2m of backing fabric
- 45" square of lightweight wadding
- 300m thread
- Embroidery floss or other decorative thread

You will also need:

- Needle and Pins
- Dressmaking and/or Needlework Scissors
- Sewing Machine
- Iron and ironing board
- Fabric Marker and Ruler
- Rotary cutting tools

- Note:**
- throughout the project all seam allowances should be ¼" wide.
 - fabric pieces in diagrams are shown slightly offset for visual clarity, but when piecing together all top and right-hand edges should be matched exactly, unless otherwise specified.



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Cutting Instructions for the Napkins

Fabric A

Cut eight strips 2½" wide

Cut one strip 4½" wide and from it cut sixteen 2½" pieces

Fabric B

Cut four strips 3½" wide and from them cut sixteen 10½" pieces

Fabric C

Cut one strip 5" wide and from it cut eight 5" squares

Cut two strips 3½" wide and from them cut sixteen 3½" squares

Fabric D

Cut one strip 5" wide and from it cut eight 5" squares

Cut one strip 2½" wide and from it cut four 2½" squares

Backing Fabric

Cut four 16½" squares

Cutting Instructions for the Tablecloth

Fabric A

Cut seven strips 2½" wide

Cut one strip 4½" wide and from it cut sixteen 2½" pieces

Fabric B

Cut one strip 5" wide and from it cut four 5" squares

Cut ten strips 2½" wide

Fabric C

Cut one strip 5" wide and from it cut four 5" squares

Cut six strips 2½" wide

Fabric D

Cut one strip 5" wide and from it cut eight 5" squares

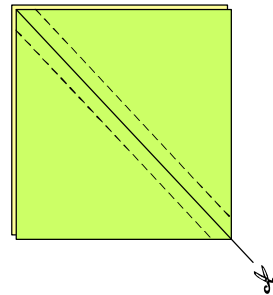
Cut four strips 2½" wide; from one of these cut four 2½" squares

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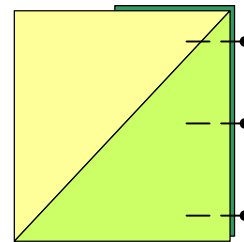
Assembly Instructions for the Napkins

Mark a diagonal line on the wrong side of each of the 5" fabric D squares.
Place each of the 5" fabric C squares right sides together with a 5" fabric D square.
Sew a seam $\frac{1}{4}$ " each side of the marked line.

Cut along the marked line and press the pieces open with the seam allowance lying behind the darker fabric.
Using a quilter's ruler or quilter's square with the 45° mark lined up with the diagonal seam, trim each of these pieces to 4½" square.

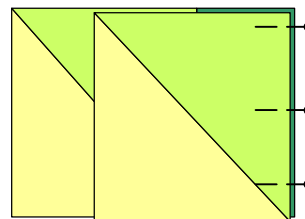


Lay a fabric A rectangle vertically on the table. Place a fabric C & D square right sides together with this so that the right-hand edges are lined up and the fabric D triangle is in the lower right-hand corner. Pin in place.



Repeat with seven more fabric A rectangles and the remaining fabric B & D squares.
Sew these pieces together and press open with the seam allowance behind the fabric A rectangles.

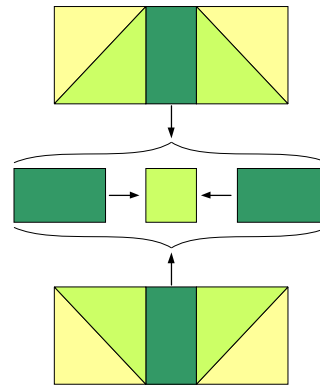
Lay one of the pieces just assembled on your table with the fabric A rectangle to the right.
Place a fabric C & D square right sides together so that the right-hand edges are lined up and the fabric D triangle is in the upper right-hand corner. Pin in place.



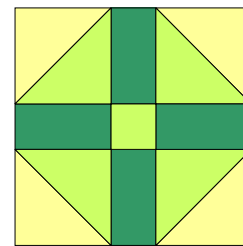
Repeat with the remaining seven previously assembled pieces.
Sew these pieces together and press open with the seam allowance behind the fabric A rectangles.

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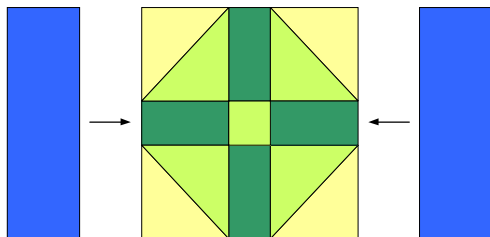
Join all the pieces for the centre of each block according to the diagram on the right, taking care to match the seams around the centre square. Press open at each stage with the seam allowance behind the darker fabric.



You will now have 4 blocks like this, each 10½" square.



Join one fabric B rectangle to one side of each pieced block.
Join another fabric B rectangle to the opposite side of each pieced block.
Press open with the seam allowance away from the centre.

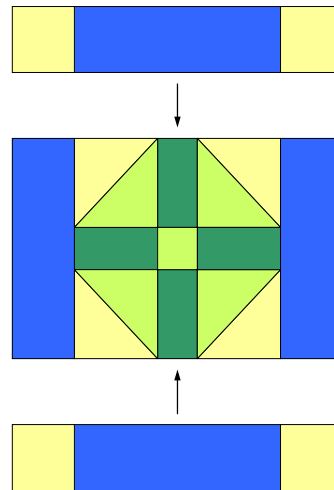


Join one fabric C square to each end of the remaining fabric B rectangles, pressing the seam behind fabric B.



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Join the pieces for each napkin according to the diagram on the right.

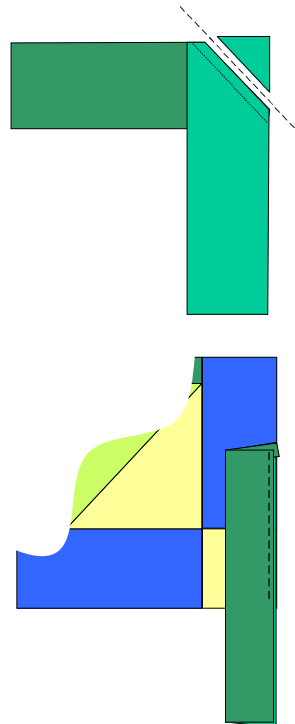


Place each pieced block wrong sides together with a backing square. Pin in place, tack the pairs of pieces together 1" in from the edge and remove the pins.

Binding the Napkins

Take two of the fabric A strips, remove the selvages and join to make one long strip by placing them right sides together at right-angles, sewing across the diagonal, trimming off 1/4" away from the sewn line and pressing open.

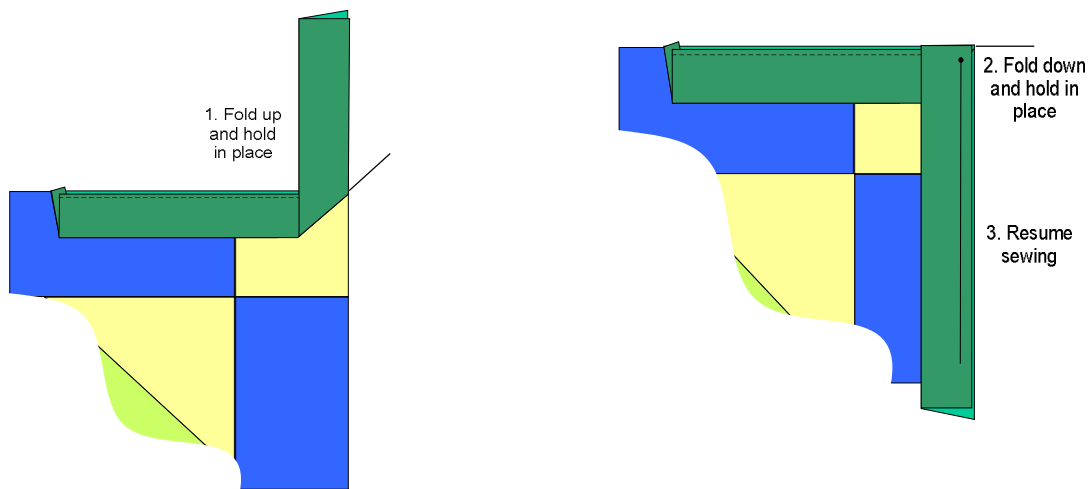
Fold in and press 1/2" at one end and then press the whole strip in half lengthwise with wrong sides together.



With the pieced face of the napkin uppermost and with the folded-over end of the binding, line up the cut edges of the binding with the outside edge of the napkin starting halfway along one side. Sew a 1/4" seam to join these pieces together, stopping 1/4" short when you reach the corner. Remove the work from your machine.

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With the attached binding running across the top of the napkin, fold the remaining binding away from you at 90° so that there is a 45° fold in the binding. Then, holding this fold in place, bring the loose binding strip down in line with the next side of the napkin.



Holding the pieces in place, return to your machine and continue sewing, starting $\frac{1}{4}$ " from the corner and continue until you reach the next corner. Repeat the above action to take the binding around the entire napkin until you reach your starting point. Trim off any excess binding to leave approximately $\frac{1}{2}$ " overlap.

Now fold and press the entire binding over to the back of the napkin, mitring the corners as neatly as possible to match the front. Sew this in place by hand using a slip stitch along the folded edge of the binding. Remove the tacking stitches.

Repeat for the remaining three napkins and press the finished pieces.

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Assembly Instructions for the Tablecloth

Mark a diagonal line on the wrong side of each of the 5" fabric D squares.

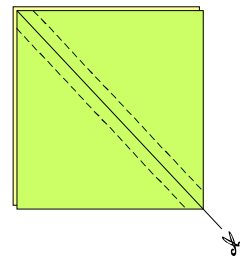
Place each of the 5" fabric B squares right sides together with a 5" fabric D square.
Sew a seam $\frac{1}{4}$ " each side of the marked line.

Place each of the 5" fabric C squares right sides together with a 5" fabric D square.
Sew a seam $\frac{1}{4}$ " each side of the marked line.

Cut along the marked line and press the pieces open with the seam allowance lying behind the darker fabric.

Using a quilter's ruler or quilter's square with the 45° mark lined up with the diagonal seam, trim each of these pieces to 4½" square.

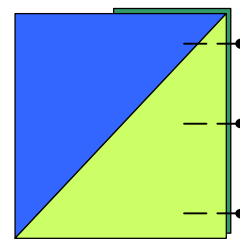
Place the pieces in two piles according to the different triangle colours.



Lay a fabric A rectangle vertically on the table. Place a fabric B & D square right sides together with this so that the right-hand edges are lined up and the fabric D triangle is in the lower right-hand corner. Pin in place.

Repeat with seven more fabric A rectangles and the remaining fabric B & D squares.

Sew these pieces together and press open with the seam allowance behind the fabric A rectangles.

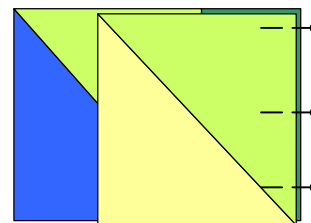


Lay one of the pieces just assembled on your table with the fabric A rectangle to the right.

Place a fabric C & D square right sides together so that the right-hand edges are lined up and the fabric D triangle is in the upper right-hand corner. Pin in place.

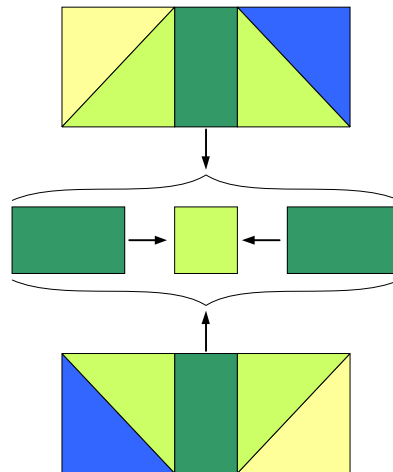
Repeat with the remaining seven previously assembled pieces.

Sew these pieces together and press open with the seam allowance behind the fabric A rectangles.

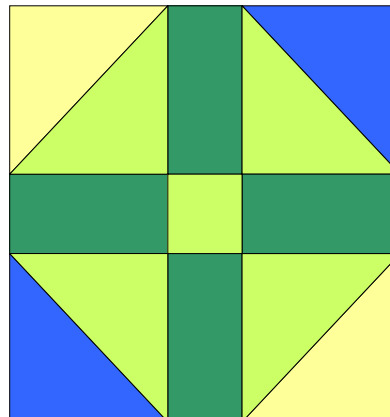


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Join all the pieces for the centre of each block according to the diagram on the right, taking care to match the seams around the centre square. Press open at each stage with the seam allowance behind the darker fabric.



You will now have 4 blocks like this, each 10½" square.



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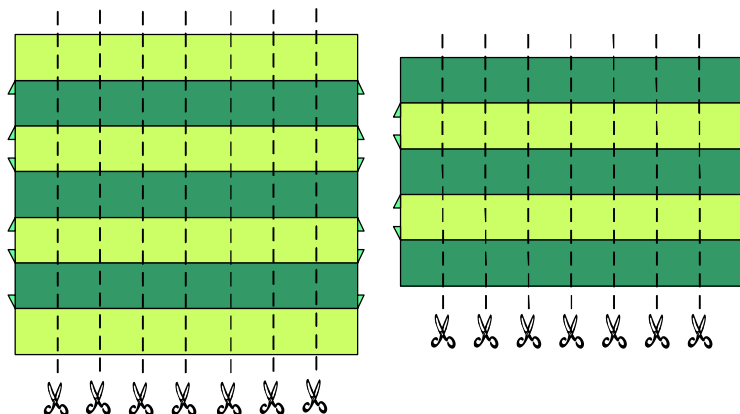
Take three long strips of fabric A and three long strips of fabric D and cut them each in half to give six 20" strips of each colour

Take one strip of fabric A, hold it right sides together with a strip of fabric D and sew a seam along its length. Press open with the seam allowance behind the darker fabric. Repeat with **four** more of each strip, this time pressing open with the seam allowance behind the **lighter** fabric.

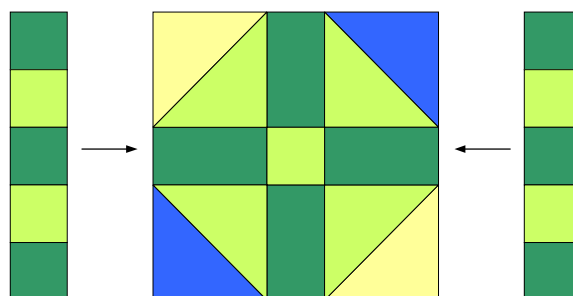
Take the first pair of strips and two of the other pairs and join together so that the colours alternate. Then add an extra fabric D strip so that this group starts and ends with fabric D. Press open after each addition following the diagram below-left for guidance on how the seams should lie.

Join the remaining two pairs of strips together. Then add an extra fabric A strip so that this group starts and end with fabric A. Press open after each addition following the diagram below-right for guidance on how the seams should lie.

Lay the assembled groups horizontally on your table and cut eight 2½" strips of squares from each piece.

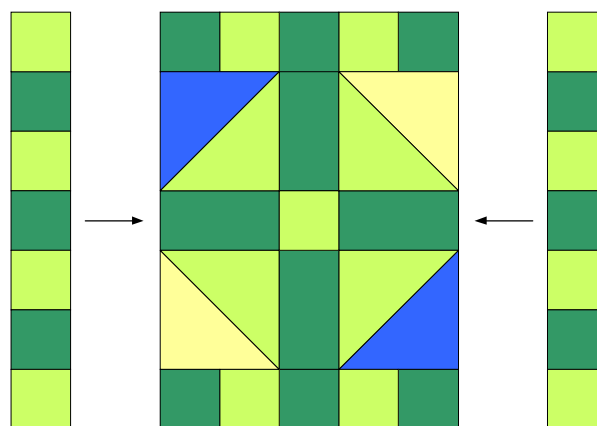


Take the shorter strips of squares and join them to two opposite sides of each centre block, taking care to match up the seams. Press open with the seam allowance away from the centre of each block.



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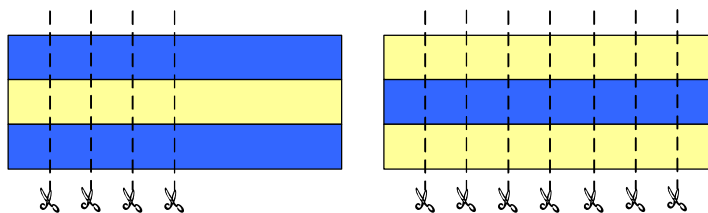
Take the longer strips of squares and join these to the remaining two sides of each block taking care to match up the seams, especially at the corners. Press open with the seam allowance away from the centre.



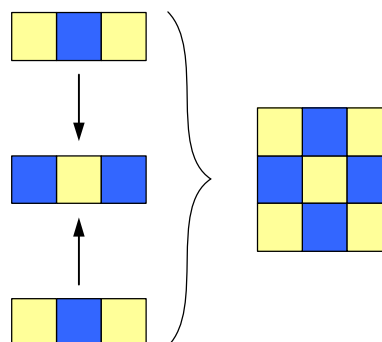
Join the four resulting blocks, making sure to rotate two of the blocks by 90° to achieve the layout shown in the picture on page 1.

Adding the borders

Take two strips of fabric B and two strips of fabric C and cut them each in half; you will need three 20" strips of each colour (add the extra half-strips to your scraps box). Join these pieces into two sets of three such that one set is of fabric B-C-B and the other set is of fabric C-B-C. Press after each join so that the seam allowance is behind the darker fabric.



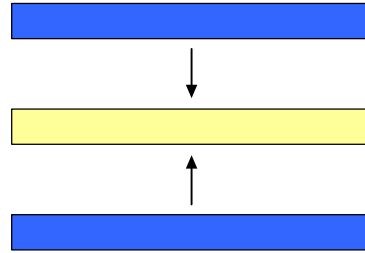
From the B-C-B set cut four 2½" strips and from the C-B-C set cut eight 2½" strips. Join these three-square strips to make four nine-patch blocks for the outer corners of the tablecloth.



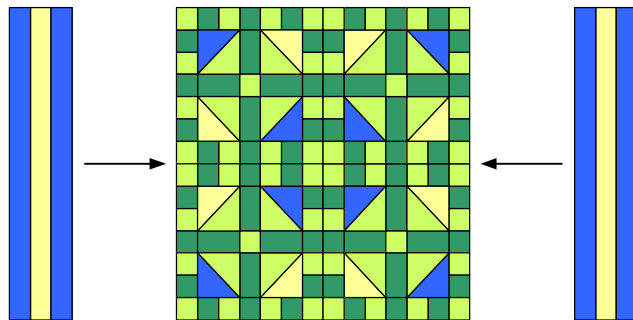
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Join the remaining strips of fabric B and fabric C in groups of three (B-C-B) to make the long borders.

Double-check the size of the pieced centre square of the tablecloth (it should be $28\frac{1}{2}$ " square) and trim the assembled borders to exactly the same length, removing the selvages in the process.

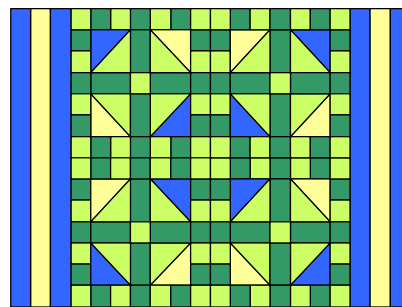


Join two of the borders to opposite sides of the pieced centre, pressing the seams away from the centre.



Join a nine-patch corner block to each end of the remaining borders, taking care to match the seams.

Then attach these borders to the remaining sides of the tablecloth, again taking care to match the seams at the corners.





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Layering and Tying the Tablecloth

Lay the 44"/45" square of backing fabric face down on the table, lay the wadding on this and then lay the assembled tablecloth face up on top. Pin at regular intervals all over to hold the layers together.

Use three strands of embroidery floss or decorative thread to 'tie' the tablecloth at various points by sewing twice through the layers and then tying a reef knot. Trim off to leave 'tails' of thread about 1" long. It is up to you whether these are on the front or back of the cloth. Remove the pins as you go.

Tack all around the cloth approximately 1" away from the edge and then trim the backing and wadding to the same size as the top.

If preferred you may decide to quilt the cloth in a conventional way, or even omit the wadding completely for a more lightweight finish.

Binding the Tablecloth

Take the remaining four fabric A strips, remove the selvages and join to make one long strip as described in the Binding instructions for the napkins on page 5.

Continue to follow the napkin Binding instructions to add the binding strip to the tablecloth.